

# *The Positive Outcome of Perseverance and Grit*



**Noelle Pikus Pace**

*Olympic Silver Medalist Skeleton*

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client**success**

# Noelle Pikus Pace

Author, Speaker, High Performance Advisor,  
World Champion, Olympic Silver Medalist

[www.NoellePikusPace.com](http://www.NoellePikusPace.com)





**“A list of goals is not a strategy”**

**-Graham Kenny, Harvard Business Review**

**P** **Purpose**  
Why?

**A** **Aim**  
What?

**C** **Construction**  
When? How?

**E** **Everyday**  
Action & Accountability:  
What? When? Where? How? Who?

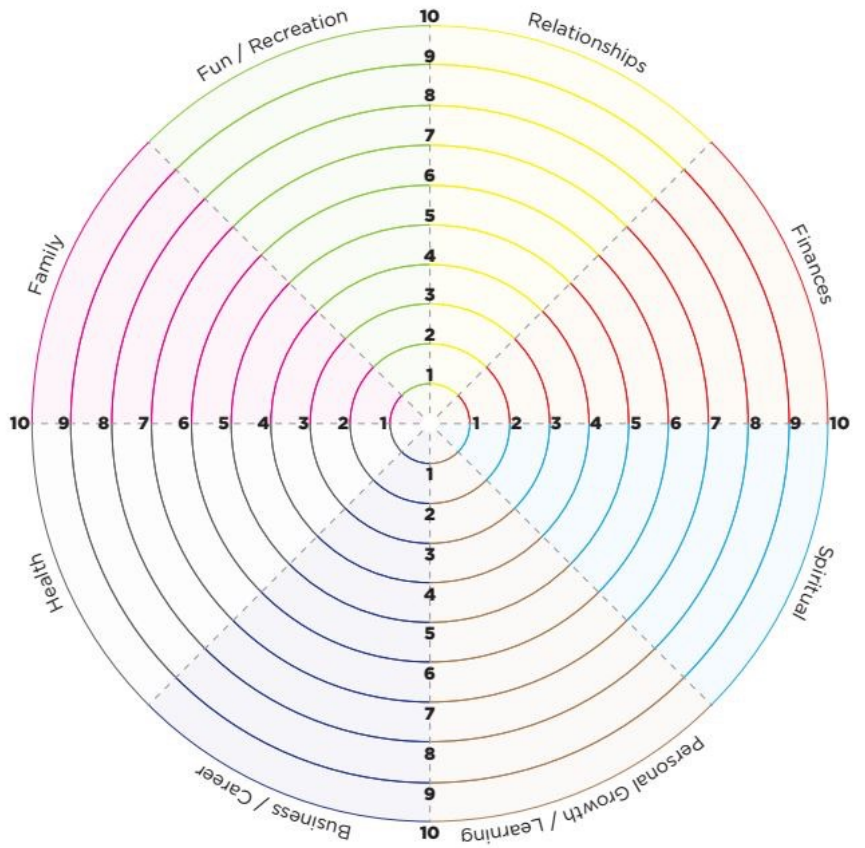
# 7 Secrets of Successful People

“I've found that the best CEOs are always striving to find balance in their lives. That's what makes them great leaders and good people. Highly successful people measure themselves on seven key elements, Health, Family, Social, Financial, Business, Civic and Spiritual. They try to maintain a balance between these elements to live a healthy and fulfilling life”

-Jim Schleckser, Inc. CEO project

# The Wheel of Life

Rate your satisfaction within each of these areas with 1 being not satisfied at all and 10 being completely satisfied.







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